



# Magnesium

**LEMON FLAVOUR**  
EFFERVESCENT TABLETS

*Take daily to aid in relieving muscle cramps and spasms. Also supports the nervous system, stress response and can aid in relaxation and improved sleep.*

## Potential Claims\*

- Relieve muscle cramps & mild spasms
- Support muscle and bone health
- Maintain cardiovascular & nervous system health
- Relieve symptoms of stress

## Effervescent Tablets Features & Benefits

- Wide range of natural flavours & colours with your preferred sweeteners
- Effervescent tablets produce a nice fizzy flavour and are pleasant to drink often resulting in compliance or repeat usage
- A great dosage form for people who find oral tablets difficult to swallow (dysphagia)
- Popular with kids, adults and seniors
- Effervescent tablets have already started dissolving by the time they reach your stomach, meaning they can be absorbed efficiently and are gentle on the stomach
- High dose of Active Ingredients is possible due to large tablet sizes



## Active Ingredients

Ingredient	Dose/tablet
Magnesium (as Magnesium Carbonate)	200mg

## Excipients

Citric acid, sodium hydrogen carbonate, polyethylene glycol, inulin, riboflavine, aspartame, acesulfame K, lemon flavour.

\* These claims are general in nature and have not been assessed according to specific regulatory requirements.

## Technical Specifications

Tablet weight	4.5g
Tablet diameter	25mm
Colour of tablet	Creamy white
Colour of liquid	Yellow
Shelf life	2 years (stored under 30°C)
Halal	Yes
Vegan	Yes

## Packaging Specifications

Primary packaging	Polypropylene Tubes with Desiccant Closure
Tube sizes	5, 10, 15 or 20 Tablets
Unit cartons	1, 2, 3 or 4 Tubes
Display shippers	Retail Counter Displays or Tube Trays

## Stability Data

No stability data currently available.

## Contraindications/Cautions:

Not to be taken by people with a known allergy to any of the active or excipient ingredients in the formulation.

Always read the label & follow directions for use. If you are pregnant, lactating or have a known medical condition, please consult a doctor before use. Minor sediment is a natural phenomenon.

Do not use if cap seal is broken or missing. Keep out of reach of children.

## Quality and Certifications



## Why AWS360?

- 360-degree services from Concept to Launch
- Choose from Ready to Market Products or Customised New Product Developments
- Wide Range of Dosage Forms manufactured in Pharmaceutical GMP-Approved Factories
  - Full Regulatory Support for all Asia Pacific Markets
  - Stringent Quality Control and Quality Assurance Procedures
    - Door-to-Door Global Logistics Service
  - Hardworking, Passionate & Friendly Team of Industry Experts

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AWS360 is a leading B2B partner of Vitamin, Supplement and OTC Brands providing our customers with a 360-degree end-to-end service to develop, manufacture, supply and market successful consumer healthcare products to support a healthier society.



- 🏠 101/349 Pacific Highway, North Sydney, NSW, 2060, Australia
- ✉ PO Box 434, Cammeray, Sydney, NSW 2062, Australia
- 📧 [aws360@aws360.com.au](mailto:aws360@aws360.com.au)
- ☎ +61 2 9957 5088
- 🌐 [aws360.com.au](http://aws360.com.au)

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